**TERMS OF ENGAGEMENT & CONSENT FORM**

This form includes case study consent between the naturopathic nutrition practitioner and client.

*Good nutrition supports the body’s natural defence’s and resistance. However, no claim can be made about the efficacy of any naturopathic nutritional treatment.*

**The naturopathic nutrition therapist**

. Naturopathic nutritional advice will be tailored to support medically diagnosed conditions and/or health concerns agreed and identified by the two parties.

. Naturopathic nutritional practitioners are not permitted to diagnose or claim to treat medical conditions.

. Naturopathic nutritional therapy is not a substitute for professional medical advice and treatment.

**The client**

. You are responsible for contacting your GP or specialist about any health concerns you may have.

. Please advise your GP of the naturopathic nutrition protocol you will be following. Please also advise any other complementary medicine practitioners you are consulting.

. It is important that you tell your practitioner about any medical diagnosis you have received and any prescription medication, herbal medicine or food supplements and over the counter medication you are taking as it may affect the naturopathic nutritional program.

. If you are unclear about any part of your treatment plan please contact your practitioner immediately for clarification.

. Your naturopathic nutritional program and supplement plan will have a time frame and you should not continue with recommendations outside of this unless agreed by your naturopathic nutritional practitioner. This is to avoid adverse reactions.

. Please report any concerns about your program to your naturopathic nutritional practitioner for discussion immediately or at your next consultation.

*Understand the above and agree that our professional relationship will be based on the above content of this document.*

**Signed Agreement**

Client name Practitioner name

Client signature Practitioner Signature

Date Date

**Private and Confidential**

[**www.nutri5plus.co.uk**](http://www.nutri5plus.co.uk)